

- SAFEGUARDING STATEMENT -

Thank you for registering to attend the *SHaME: Stories of Survival Film Screening*, we look forward to seeing you!

Before we do, we wanted to provide you with a few details about the safety of the space.

Event details:

SHaME: Stories of Survival
Film Screening, Panel Discussion & Drinks Reception
Wednesday 29 November 2023
18.30-21.00 GMT
In person at Rich Mix Arts Centre

The SHaME Project is hosting the premiere of documentary film SHaME: Stories of Survival, which follows the stories of four survivors of sexual violence as they reflect on the aftercare they received and call for more awareness and inclusion in sexual violence services.

The screening will be followed by a panel discussion with audience Q&A and a drinks reception.

This is a public event organised by The SHaME Project, which is a research group based at Birkbeck, University of London.

We hope that everyone who attends the film screening will be kind, curious, and open to discussion. As an organising team, we are passionate about creating safe, inclusive, intersectional, and respectful spaces. We've put together some brief guidelines for this event:

- Please be mindful that discussing sexual violence can be challenging, emotive, and subjective, and that everyone's understanding and experience is different. Try to be clear when you're speaking to your own experience, and respectful when others are speaking to theirs. Please enter the room with a sense of generosity toward fellow attendees, and an understanding of the difficulties in navigating narratives of sexual violence.
- Please be respectful of the complexity of identities. Prejudiced language towards any marginalised group will not be tolerated by the hosts.
- We ask you to be mindful that people can be triggered by lots of different factors, some of which may not be clear or obvious. In this document, we have included a few steps to take if you are feeling overwhelmed during the event.

As you might expect, the film and panel discussion will address difficult topics, which might feel overwhelming. We know that some of our discussions will be hard to bear: please remember it is normal to feel sad, angry, distressed, during or after this event.

Where possible, we will ask participants to avoid graphic descriptions and distressing details. However, there may still be some references to events of sexual violence and we are conscious this may triggering for attendees.

If you feel distressed by the content of the film or panel discussion, you can:

- You can leave the event to **have a break at any time**, breathe, drink a glass of water, talk to someone you trust, or any other reassuring activity you can think of.
- **Call the 24/7 National Rape Crisis Helpline** on 0808 500 222, for confidential emotional support. The helpline is open 24 hours a day 7 days a week, calls are free of charge, and the number will not appear on your bill. You can also access 24/7 support online via 247sexualabusesupport.org.uk.
- You can always **rejoin the event when you feel better and ready**, or not return if you prefer.

Following the film screening, you will be sent a feedback form.

Please feel free to give us suggestions on how we could have handled things differently.

If you still have questions or would like further information, feel free to write to us or to take a look at our website, where we have put bibliographies and open-access resources:

<https://shame.bbk.ac.uk>.

Thank you!

The SHaME Project

Birkbeck, University of London

w: shame.bbk.ac.uk | t: [@shme_bbk](https://twitter.com/shme_bbk) | f: [@shamebbk](https://www.facebook.com/shamebbk)

Many thanks for support from:

