

- SAFEGUARDING STATEMENT -

Thank you for registering to attend *Collaborating with care: creating inclusive public engagement programmes with survivors of sexual violence*.

Below you'll find details about what the seminar will cover, a code of conduct and support resources.

Event details:

Collaborating with care: creating inclusive public engagement programmes with survivors of sexual violence

Wednesday 06 March 2024

11.00-12.00 GMT

Online via MS Teams

[The SHaME Project](#) and Birkbeck's [Centre for Interdisciplinary Research on Mental Health \(CIRMH\)](#) are hosting an online seminar about public engagement with lived experience research as part of CIRMH's *Researching Lived Experience in Mental Health Seminar Series*. SHaME's Public Engagement Lead Dr Rhea Sookdeosingh will be in conversation with Zara Asif from the [ESRC Centre for Society and Mental Health](#) at King's College London in a discussion chaired by CIRMH Director Dr Sarah Marks.

Code of Conduct:

This seminar will not explicitly discuss sexual violence and will instead focus on the process of designing and delivering collaborative projects with survivors of sexual violence.

However, there may still be some references to events of sexual violence and this may be triggering for attendees.

We hope that everyone who attends the seminar will be kind, curious, and open to discussion. At SHaME and CIRMH, we are passionate about creating safe, inclusive, intersectional, and respectful spaces.

Here are some brief guidelines for the session:

- Please be mindful that discussing sexual violence can be challenging, emotive, and subjective, and that everyone's understanding and experience is different. Try to be clear when you're speaking to your own experience, and respectful when others are speaking to theirs. Please enter the room with a sense of generosity toward fellow

attendees, and an understanding of the difficulties in navigating narratives of sexual violence.

- Please be respectful of the complexity of identities. Prejudiced language towards any marginalised group will not be tolerated.
- We ask you to be mindful that people can be triggered by lots of different factors, some of which may not be clear or obvious. In this document, we have included a few steps to take if you are feeling overwhelmed during the event.

Support and Resources:

If you feel distressed by the content of the seminar, you can:

- Leave to ***have a break at any time***, breathe, drink a glass of water, talk to someone you trust, or any other reassuring activity you can think of.
- ***Call the 24/7 National Rape Crisis Helpline*** on 0808 500 222, for confidential emotional support. The helpline is open 24 hours a day 7 days a week, calls are free of charge, and the number will not appear on your bill. You can also access 24/7 support online via 247sexualabusesupport.org.uk.
- You can always ***rejoin when you feel better and ready***, or not return if you prefer.

If you still have questions or would like further information after the seminar, feel free to write to us or to take a look at the SHaME website, where we have put bibliographies and open-access resources: <https://shame.bbk.ac.uk>.

Thank you!

The SHaME Project & Birkbeck CIRMH

Birkbeck, University of London

e: r.sookdeosingh@bbk.ac.uk | w: shame.bbk.ac.uk | t: [@shme_bbk](https://twitter.com/shme_bbk) | f: [@shamebbk](https://facebook.com/shamebbk)

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