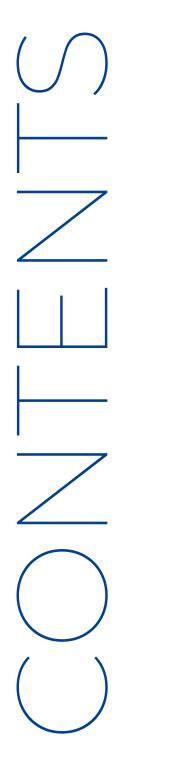


The SHaME Project Grant Report

2018-2024



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The Future

The SHaME Project was an interdisciplinary research group exploring the medical and psychiatric aspects of sexual violence from a global perspective.

Sexual violence is a global health crisis and one of the most serious problems in the contemporary world. SHaME brought together researchers from varied academic specialties to explore the often overlooked but central role that the medical and psychiatric professions have played in understanding and dealing with sexual harms throughout history.

As a research group, SHaME was deeply committed to making academic knowledge accessible, relevant and impactful to the wider public. Public Engagement Lead, Rhea Sookdeosingh, worked with the SHaME team to develop a diverse engagement programme, partnering with survivors of sexual violence to co-create a range of innovative events and projects. From book launches to creative writing workshops and a documentary film, SHaME centred survivors' voices and perspectives across a range of initiatives addressing issues like child sexual abuse, the role of literature in navigating the aftermaths of sexual violence, and how medical and support services can help or further harm survivors. SHaME's flagship public engagement initiative was a collaboration with The WOW Foundation to co-produce the Shameless! Festivals of Activism Against Sexual Violence.

The researchers at SHaME also hosted academic conferences, reading groups and seminars, and produced several academic publications, including the first truly global history of sexual violence, Joanna Bourke's *Disgrace: Global Reflections on Sexual Violence* (Reaktion, 2022).

SHaME was funded by the Wellcome Trust and based at Birkbeck, University of London from 2018-2024.

SHaME's VISION

Historian Joanna Bourke created and led The SHaME Project with the aim of challenging the stigma associated with sexual violence, moving beyond shame and advocating for empowerment and knowledge.

The SHaME project was unique. By focussing on medical and psychiatric aspects of sexual violence, we drew attention to the significant roles played by these professions in the examination, treatment, and counselling of victims of sexual violence. GPs, police doctors, gynaecologists, surgeons, psychiatrists, nurses, counsellors, hospital psychologists, therapists, and social workers have also been influential agents in the interpretation, medicalisation, and adjudication of sexual attacks. Interdisciplinarity was crucial in developing our arguments, as was engaging with wider communities.



The SHaME team worked so well because of the synergy of our interests, collegiality, and determination to make a difference to our communities.

Sexual harms are experienced by people across different societies. They can happen to anyone, at any age and at any time. Often these events are shrouded in shame and many things are never uncovered or understood. Our interdisciplinary project sought to understand the role played by medical professionals, including psychiatrists, in understanding and dealing with sexual harms.

KEY MESSAGES

SHaME's researchers investigated the role of medicine and psychiatry in shaping the understanding, adjudication and treatment of sexual violence across multiple historical and geographical contexts. Here they share key takeaways from their research.

Professor Joanna Bourke

Sexual violence is culturally constructed. It varies widely across time and place. These differences provide clues for forging more harmonious, just and equal worlds. Only knowledge of the diverse forms of cruelty, coupled with respectful attention paid to the diverse lives of other people, will edge us towards a feminism that can eradicate the scourge of sexual violence throughout the world.

Dr Ruth Beecher

Identifying child sexual abuse in the family has been a core responsibility of GPs, health visitors and mental health practitioners since the 1980s, but it has rarely happened. Children's distress often goes unnoticed. The signs of sexual abuse do not lead to early or effective intervention. Efforts to protect and safeguard children are usually depicted as steadily improving over time, but this has not been the case with child sexual abuse in the family. Health practitioners' effectiveness waxed and waned over time and was ultimately hampered by a lack of strategic leadership, structural support or institutional investment in those engaged in frontline practice along with the legacy of a misogynistic culture that operated on multiple levels

03

Dr Stephanie Wright

Forensic doctors were active participants in the second victimisation of rape victims under the Francoist dictatorship in Spain (1939-75). The ambiguities of medical evidence were opportune within Francoism's paternalistic, politicallyrepressive, and unequal society, as it enabled those in positions of power to protect their own interests while reinforcing patriarchal societal structures. Forensic medicine served as an ally to Francoist paternalism, as its ambiguous testimony could be exploited while projecting an image of absolute truth.

KEY FINDINGS

04

Dr Rhian Keyse

Present day critiques of medico-legal responses to sexualised violence on the African continent - in particular the limitations of appropriate services for survivors after violence, transportation to medical facilities, delays in accessing care, and poor handling of forensic medical evidence - all appear in the colonial archives, and these current issues must be read in the historical context of British colonial under-resourcing of health, transport, and other infrastructure. These issues were exacerbated in settler-colonial contexts such as Kenya, with the racialisation of survivors of violence influencing their access to medical care and evidence-gathering.

05

Dr George Severs

Psychiatric research was key to changing the law in relation to male victims of rape. Before 1994, sexual offence legislation did not accept that men could be the victims of rape, a fact which activists had been challenging for years. From the 1980s, as psychiatrists began to understand trauma in new ways, several key researchers applied these models to male survivors. Their work helped to make visible the impact of rape on men, persuading law makers of a need to change sexual offences legislation.

Dr Adeline Moussion-Esteve

The trauma model does not account for the social logics shaping the experience of violence and its inscription as an element of ordinary life. The experience of violence does not obey merely psychological, neurological or hormonal processes, but is shaped by four mediations: gender and the mothering role, the spatiality and temporality of domestic abuse, the reproductive work attached to conjugal and familial life, and the required administrative work attached to the government respons

07

Emma Yapp

In England and Wales, the introduction of a complainant's mental health evidence always resulted in increased psychological scrutiny in the associated case law. This evidence raised the spectre of "madness", and re-introduced a corroboration requirement into proceedings. Complainants had to be corroborated by either medical professionals or a witness to their emotional distress in order to be adjudicated as "legitimate". These judgments reflect wider norms and stereotypes about the relationship between mental health and sexual violence, which produce further injustices in society writ large. These findings lend newfound impetus to calls for legislative reform at the nexus of sexual violence and mental health, and demonstrate that legal profesionals urgently require training about rape "myths" in relation to mental health.

Our project's focus was on investigating the relationship between medical professionals and sexual violence.

SHaME brought together researchers from different disciplines across the humanities and social sciences to explore the dialogues between medical professionals and people who have experienced sexual violence. We were an interdisciplinary research group with individual projects spanning historical and contemporary, as well as regional and global perspectives. Below you'll find an overview of SHaME's researchers and their projects.



Professor Joanna Bourke

Joanna Bourke was SHaME's Principal Investigator. Her research focuses on understanding the influence of medicine and psychiatry in the understanding and experience of sexual violence, exploring broad trends from perspectives that are both global and local.

Joanna's research has two parts. First, a history of the medical and psychiatric aspects of sexual violence in the UK, US, Australia, and New Zealand between the first decade of the nineteenth century and the present.

Second, the first truly global history of sexual violence, with attention specifically being paid to the medical and psychiatric aspects of this form of harm. A monograph based on this research was published in July 2022 by Reaktion Books: <u>Disgrace: Global Refections on Sexual</u> <u>Violence</u>, which has also been published in Italian, Korean, Simplified Chinese, Complex Chinese, and Indian Subcontinent (English), as well as audiobook.

Read more about Joanna's research here.



Dr Ruth Beecher

Ruth Beecher was a Postdoctoral Research Fellow from 2018-2024 and SHaME's Director from 2023-2024.

Her research project, 'A Recent History of Children, Medics and Sexual Abuse in the Family', used archival research and oral histories to gain insight into the ways community-based nurses, doctors, psychologists and psychiatrists in Britain have responded to the possibility that a child has been sexually abused by a family member since the 1970s.

Ruth's monograph, Forsaken: children, community health practitioners and sexual abuse in the family (1970s-2010s) will be published as a monograph by Palgrave Macmillan in 2024..

Read more about Ruth's research here.



Dr Stephanie Wright

Stephanie Wright was a Postdoctoral Research Fellow from 2019-2021 working on a project called 'Dishonest Abuse', sexual violence, and medical jurisprudence in Francoist Spain, 1936-1975.

Her research explored the role of police surgeons and forensic psychiatrists in sexual violence court cases under the Francoist regime. More specifically, the project constituted a historical study of the legal term 'dishonest abuses', which referred to a broad spectrum of criminalised sexual acts, from rape and child abuse to homosexuality.

Read more about Stephanie's research here.



Dr Rhian Keyse

Rhian Keyse was a Postdoctoral Research Fellow with SHaME from 2020-2024 working on a project on (post)colonial responses to rape and sexual violence in Africa, c.1920-1985.

Her research explored the evolution of (post)colonial and international medico-legal responses to rape and sexual violence in Anglophone Africa, c.1920-1985, with particular focuses on Kenya and Ghana. It sought to understand how international, colonial, and postcolonial legal, medical, and psychiatric structures have impacted on survivors of sexual violence; to recover the experiences of complainants as they navigated medical and legal structures, as well as the role of medical personnel in identifying and prosecuting sexual violence; and to examine how shifting ideas of governance, development, anti-colonialism and rights influenced debates and responses to sexual violence on the African continent.

Read more about Rhian's research here.



Dr George Severs

George Severs was a Postdoctoral Research Fellow from 2021-2023 working on a project called 'The Male Rape Survivor During the AIDS Crisis: Masculinities, Sexual Violence and HIV-based Aftercare'.

His research explored the history of male survivors of rape and sexual violence, investigating the ways in which the HIV/AIDS epidemic impacted the medical and psychiatric aftercare available to survivors of rape and sexual assault. He examined England and Wales in a global context, looking at the transnational intellectual and activist networks which existed to exchange information and campaign together.

Read more about George's research here.



Adeline Moussion

Adeline Moussion was a PhD Candidate from 2018-2023 working on research that ethnographically challenged and theoretically questioned the usefulness of trauma to analyse the experience of violence that occurs within one's home.

Drawing on ethnographic research with seven women who accessed dedicated support services in the suburbs of Paris, her thesis argued that trauma does not account for the material implications of violence committed by men with whom they shared housing, familial and parenting bonds, and life resources. It contended that the domestic setting, as a site of habitual action, anticipation, everyday life, spatial knowledge, and violence embedded in state-structural dynamics, contributes to women's experiences of, and responses to, violence. This thesis reconceptualised the harms of violence in relation to the social organisation of parenting, the government response to 'conjugal violence' and 'sexual violence', the spatiality of the domestic, reproductive work, administrative paperwork, and conceded efforts. Non-traumatic idioms of the inscription of violence are offered to account for this alternative analysis, which extends beyond the scale of acts and individual abusers and conjures state- structural more than traumatic harms.

Read more about Adeline's research here.



Emma Yapp

Emma Yapp was a PhD Candidate from 2019-2024 working on a qualitative study of policy and practice in England and Wales on the use of psychiatric evidence in court proceedings for sexual violence survivors.

Their research explored how psychiatric evidence about survivors of sexual violence is admitted into court proceedings in England and Wales. They examined both the context in which these practices are constructed and conducted, explored appropriate practice, and made recommendations for policy and practice.

Read more about Emma's research here.



Dr Charlie Jeffries

Charlie Jeffries was a Senior Associate Fellow of The SHaME Project.

Charlie is a lecturer at the University of Sussex. Her research focuses on the history of sexuality and the history of social movements in the late twentieth-century and early twenty-first century United States. Her current research project traces the history of anti-sexual violence activism on US campuses from the 1990s to present. She has published work in the *Journal of American Studies*, and her first monograph, *Teenage Dreams: Girlhood Sexualities in the US Culture Wars*, was published with Rutgers University Press in 2022.



Allison McKibban

Allison McKibban was a Senior Associate Fellow with The SHaME Project.

Allison's doctoral research explores how U.S. federal policy utilizes colonial discourses to (re)produce sexual violence against Native American women. Focusing on the Violence Against Women Act (VAWA), her project elucidates the ways in which indigenous women are represented to be 'problems' in the legislation, the underlying logics and genealogies, the silences and contestations, and their lived and discursive effects. Ultimately, her research works to decolonise U.S. policy through challenging how federal discourse creates what we 'know' about Native communities and violence against Native women.

Read more about Allison's research here.

Over the course of the grant, SHaME organised several large conferences and hosted a range of seminar series and readings groups for researchers working on sexual violence, medicine and psychiatry. Our researchers also published widely for both academic and wider audiences.

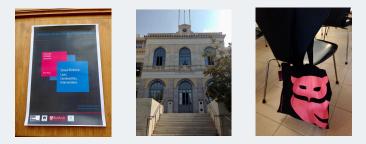
Academic Conferences

SHaME organised three major conferences, across different formats, with participants from all over the world.

Sexual Violence: Laws, Communities, Interventions 18 October 2019 | Athens, Greece

SHaME's first major conference was a collaboration with the École française d'Athènes to hold an interdisciplinary, international conference devoted to better understanding sexual violence in Greece, Britain, the US, and France.

The conference featured seven papers was was focused on three themes:1. Histories of Sexual Violence and Law in Cl9th and early C20th2: Medical Communities and Sexual Harms from the 1960s3: Therapeutic Interventions into Sexual Abuse

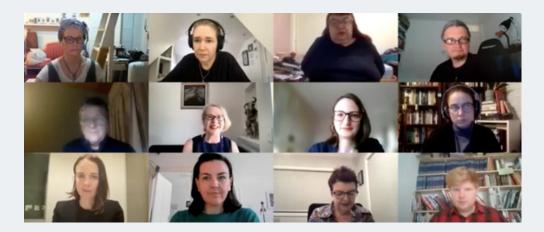


The conference was the first of its kind in Greece and you can <u>listen to the</u> <u>papers here</u>.

Sexual Violence, Medicine, and Psychiatry Symposium

11-13 May 2021 | Online

SHaME's second major conference was originally scheduled to take place in Newcastle, Australia in partnership with the University of Newcastle (Australia) in 2020. The pandemic meant the conference was postponed and moved online. Speakers were invited to submit video conference papers that were hosted on the SHaME website, followed by two roundtable sessions where the speakers came together to discuss each others' work.

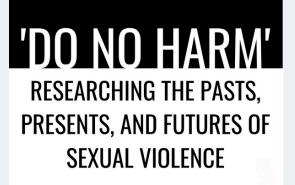


The conference addressed the complex relationship between medicine, psychiatry and sexual violence from different disciplinary perspectives and from across a range of historical and geographical contexts.

You can find out more about the conference and watch the recordings here.

'Do No Harm': Researching the Pasts, Presents, and Futures of Sexual Violence

31 May-02 June 2023 | Birkbeck



SHaME's final major conference, 'Do No Harm': Researching the Pasts. Presents, and Futures of Sexual Violence, was organised in partnership with the South Africa's Hidden War project based at the University of Exeter. It was an international, interdisciplinary conference exploring sexual violence from a historical perspective, with a particular focus on the methodology and ethics of the research area.

The papers were from cross-disciplinary perspectives, as well as from activists and practitioners working in the gender-based violence sector. They presentations focused on a wide variety of historical periods and locations, providing perspectives from beyond Europe and the Global North. The conference also featured a number of workshops that brought together academics, activists, and practitioners to facilitate knowledge exchange between sectors and across disciplines.



Find out more about the conference, including the full programme, here.

Workshops & Seminars

SHaME hosted a regular Work-In-Progress seminar series, readings groups and workshops across a range of topics like sexual violence and humour, child sexual abuse and zine-making. These events were a mixture of in-person, online and hybrid formats and engaged with local and global academics, survivors, artists, activists and practitioners.





SHaME x Erin Aniker host:

A DIY Zine-making workshop

SNIFTY FOX Birkbeck

Sexual Violence Autumn School

In September 2023 SHaME hosted a week-long Sexual Violence Autumn School for researchers from across the globe working on sexual violence, medicine and psychiatry. Designed and organised by SHaME Senior Associate Fellow, Allison McKibban, the Autumn School was a unique opportunity for scholars to focus on how we understand sexual violence, from the historical to the present day, through a range of disciplinary perspectives from outstanding scholars and facilitators.



The programme was a mix of presentations, interactive workshops, group sessions and a film screening, organised around the following questions:

- How should we understand sexual violence in the past, in contemporary policy debates, and in terms of our visions for the future?
- How have medical doctors and psychiatric teams affected the way sexual violence is perceived, 'diagnosed,' assessed or treated in the community, in clinics and hospitals or in the criminal justice system?
- How can we unsettle the dominant approaches and methods of researching sexual violence?

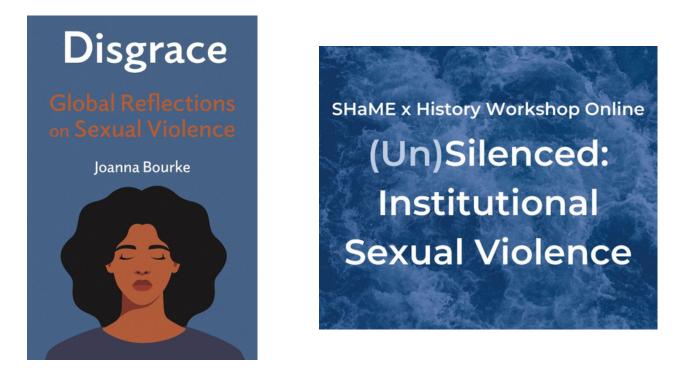
You can read more about SHaME's Sexual Violence Autumn School here.

Publications

SHaME's groundbreaking research on the medical and psychiatric aspects of sexual violence produced:



The SHaME research team published widely across a range of formats including peer-reviewed journal articles, book chapters and monographs, including the first truly global history of rape, *Disgrace: Global Reflections on Sexual Violence* (Reaktion Books 2022) by Joanna Bourke.



Our researchers also edited special issues for journals including a series historicising the perpetrators of sexual violence for *Women's History Review* and wrote for wider audiences, producing a special series on sexual violence in institutional contexts for *History Workshop Online*.

You can find a list of SHaME's publications, including forthcoming work, here.

ASSOCIATE FELLOWS

Associate Fellows Network

One of The SHaME Project's central ambitions was to create an international network of scholars working on sexual violence with a specific focus on medicine and psychiatry.

Although there is a significant amount of research on sexual violence, research focusing specifically on the role of the medical profession has been comparatively limited. A better understanding of medical responses to sexual violence is imperative given its significant health outcomes – for survivors, their families and friends, wider communities and the economy.



In addition to our research team, SHaME brought together and supported a network of Associate Fellows working on sexual violence from a range of disciplinary backgrounds from universities across the world, as well as survivors, practitioners, artists and activists.

With over fifty fellows, more than ten major collaborations, numerous events and a regular work-in-progress seminar series, we successfully established a dynamic and growing subfield of sexual violence research.

Together we pursued research and engagement initiatives that promoted human health through by providing unprecedented insights into the role of medicine and psychiatry in understanding, interpreting, treating, prosecuting, and preventing sexual violence.

You can find out more about our Associate Fellows and their work here.

PUBLIC ENGAGEMENT

Survivors and lived experience experts were at the heart of SHaME's approach to engaging with the wider public.

The SHaME Project was deeply committed to ensuring our research had a wide and meaningful impact beyond academia. Sexual violence is a topical, highly visible and pressing public health issue, meaning it was vital that our research was responsive and socially sensitive, and that it created accessible and empowering outcomes.

We worked with survivors, activists, artists and practitioners to co-produce a wide range of public engagement activities that sought to challenge harmful attitudes to sexual violence, create platforms for survivors' voices, and foster a sense of community between academics, survivors, activists and practitioners.



Dr Rhea Sookdeosingh

SHaME Public Engagement Lead

Rhea Sookdeosingh was SHaME's Public Engagement Lead from 2018-2024.

Rhea was responsible for overseeing SHaME's approach to engagement and devised the project's Public Engagement Strategy, setting out core principles and priorities to guide our work. She developed and nurtured collaborations with survivors, activists, artists and arts organisations, and identified and created diverse opportunities for SHaME's researchers to engage with communities and audiences beyond academia.

Her role also included creating resource guides, providing bespoke training, securing funding, and leading ethics and safeguarding processes for our collaborations.

Read The SHaME Project Public Engagement Strategy.

PUBLIC ENGAGEMENT

Ethically Created Research Informed Survivor Led

From one-off events like book launches to creative writing programmes, a podcast series and survivor-led documentary film, we aimed to centre survivor voices and worked with partners to reach diverse non-academic audiences. Over the course of the grant we ran over 25 events and reached over 2000 people globally. Here are our top engagement highlights:



SHaME x Winnie M Li Between March and May 2021, author and activist <u>Winne M Li was a Writer-In-</u><u>Residence with SHaME</u>, curating a series of talks and workshops exploring the roles that creative writing and narrative can play in how academics and society at large understand the topic of sexual violence.

WMFTC Podcast Series

Co-produced with Avni Patel, 'What's Missing From The Conversation?' is a podcast series that talks about important topics and ask 'what should be said but isn't?', 'what don't we know that we should?' and, 'where do we go from here?'. Listen to <u>Ep1, Ep2 & Ep3</u>.





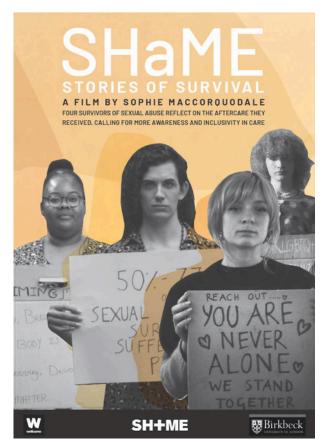
Spotlight On

Spotlight On highlights the important work being done by charities, community organisations and individual activists. <u>Search 'Spotlight</u> <u>On' on the SHaME Blog</u> to hear our researchers interview some of the leading voices in sexual violence activism and advocacy.

You can read more about our public engagement activities on the SHaME Blog.

PUBLIC ENGAGEMENT

SHaME: Stories of Survival



The SHaME Project worked with filmmaker Sophie MacCorquodale to co-produce a survivor-led documentary called SHaME: Stories of Survival.

The 25 minute film follows the stories of four survivors of sexual violence as they reflect on the aftercare they received and call for more awareness and inclusion in sexual violence services. Sophie worked closely with a diverse group of survivors and practitioners to explore the experiences of aftercare for survivors of sexual abuse as well hear the perspectives of individuals and organisations who are providing support for survivors who have previously struggled to access medical and psychiatric services. Going beyond the myth of a single white female attacked by a stranger, the film presents a diverse group of survivors talking about surviving sexual violence and its aftermaths.

SHaME: Stories of Survival is a powerful resource that is now freely available to view. It can be used in educational settings as a teaching tool. It is also a very useful training resource for teams in health and social care settings to raise awareness of what it means to live with the impact of sexual violence and how survivors would like to be treated by service providers. <u>You can watch the film here</u>.

Audience feedback

It was clear the trust the contributors had in the filmmaker and it allowed a far deeper feeling of connection with their stories. I really felt I heard their complete truth.

Shameless! Festivals of Activism Against Sexual Violence was a one-day event bringing together academia, activism and art to confront and change attitudes towards sexual violence, share ideas, and imagine a rape free world.



The Shameless! Festival model was created in collaboration by The SHaME Project and WOW - Women of the World with funding from a Wellcome Trust Research Enrichment - Public Engagement (REPE) grant. The SHaME and WOW teams worked with survivors, activists, artists, practitioners and academics to curate and produce a mixed programme of talks, performances, creative workshops, 'how to' clinics, alongside a marketplace and support services.

Shameless! London | 27 November 2021

Shameless! made its debut on November 27, 2021 as a one-day event in London at Battersea Arts Centre. The festival united activism, academia and art to challenge societal norms surrounding sexual violence, inviting attendees to participate in talks by esteemed speakers, survivors, researchers, and medical professionals. Alongside performances by artists, poets, and musicians, interactive workshops and wellness spaces fostered dialogue and healing. Audiences were able to explore and choose from a varied programme of workshops, talks, performances and more. There were pop up performances, a marketplace, support on site for whoever needed it, and the chance to connect with experts working to end sexual violence.



Audience feedback

I was blown away by how honest, brave and vulnerable speakers and performers were, as well as being brilliant at their speech/art.

7 7

Ecoar! Rio | 24 September 2022

Following the success of the London Festival, Shameless! returned for its second year as Ecoar! in Rio de Janeiro, Brazil, on September 24, 2022. Presented by Redes da Maré in partnership with SHaME and The WOW Foundation, Ecoar! provided a platform for professionals and activists to converge, integrating academic research, art, and activism in combatting sexual violence. Ecoar! continued the mission to dismantle stigma and empower survivors while advocating for systemic change in policies and practices.



Audience feedback

I was particularly pleasantly surprised with how welcoming the atmosphere was, and how safe I was to be in a space talking about sexual violence.

7 7

'Very grateful for an event like this! It gives hope!'

Together, Shameless! London and Ecoar! Rio strove to challenge stigma and silencing, to empower survivors in their healing, and to press for urgent changes to professional practice and policy in identifying, prosecuting, and treating the aftermaths of sexual abuse.

One of the key priorities of Shameless! was to create a space for people who might not otherwise encounter each other's work to share perspectives and build ongoing collaborations. For this the arts-academia partnership between SHaME and WOW was key.







I have never been involved in a festival, seminar or indeed any event organised with such compassion, integrity and professionalism. Thank you for all of these resources.

THE FUTURE

The SHaME Project has ended but we're so proud of the work we've created and the resources we're leaving behind.

Our researchers have gone on to new projects but continue their research, activism and advocacy to end sexual violence and create a more just world for survivors. Here are our top resources to check out and you can find many more on the <u>SHaME</u> <u>website</u> including on our SHaME Project Round Up blog post.

01

Joanna Bourke's website

Check out Joanna's new website: <u>joannabourke.com</u> There are lots of blogs on history of sexual abuse, cultural history, history of violence, and medical humanities.

02

SHaME YouTube Playlist

<u>The SHaME Project Playlist</u> on YouTube has recordings of all of our events including conferences, talks, interviews and our survivor-led documentary film, SHaME: Stories of Survival. We also have a <u>Soundcloud Podcast Playlist</u>.

03

SHaME Blog

You can still visit the <u>SHaME Blog</u> which has pieces about our research, commentary and analysis, interviews with leading academics, activists, survivors and so much more.

The SHaME Project was an interdisciplinary team comprised of:

Professor Joanna Bourke, Principal Investigator

Dr Ruth Beecher, Director and Postdoctoral Research Fellow

Dr Stephanie Wright, Postdoctoral Research Fellow

Dr Rhian Keyse, Postdoctoral Research Fellow

Dr George Severs, Postdoctoral Research Fellow

Dr Adeline Moussion-Esteve, PhD Candidate

Emma Yapp, PhD Candidate

Dr Rhea Sookdeosingh, Public Engagement Lead

Dr Charlie Jeffries, Senior Associate Fellow

Allison McKibban, Senior Associate Fellow & Public Engagement Coordinator

Cora Salkovskis, Associate Fellow and Public Engagement Coordinator

Report prepared by Dr Rhea Sookdeosingh

WITH THANKS

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